



Meals @ the Marine

Evening: Mon-Sat 5.30-9pm / Sunday 5.30-8pm

To Start / Light Bites

Marinated Olives served with warm ciabatta & olive oil and balsamic dip (v gf vg available)	£5.50
Soup of the Day with a crusty bread roll & Welsh butter (v gf vg available)	£6.95
Chicken Satay - chicken breast skewers with a peanut dipping sauce	£7.50
Duck & Orange Pate served with onion chutney, toasted bread and salad garnish	£7.25
Garlic and Chilli King Prawns served with toasted bread	£8.95
Creamy Garlic Mushrooms served with toasted ciabatta	£7.25
Cauliflower wings v vg Curried cauliflower in batter and panko breadcrumbs, served with vegan chilli mayo	£6.50

Sandwiches white ciabatta with garnish & skin on fries

AVAILABLE LUNCHTIME ONLY

BLT	£8.50
Cheddar & Caramelized Onion v	£7.95
Tuna Mayo with Spring Onion v	£7.95
Ham, Cheese & Tomatoes	£8.50

Children's Menu

Fish, peas & chips	£7.50
Sausage, beans/peas & chips (v vg available)	£5.95
Southern fried chicken strips, beans/peas & chips	£6.50

Fish

Beer Battered Cod with mushy peas & home-cut chips	£15.95
Salmon Fillet served with dill new potatoes, roasted veg & a tarragon velouté	£18.95
Wholetail Scampi with garden peas & home-cut chips	£14.95
Seabass Fillet served with chorizo sauteed potato, roasted veg and a pesto cream sauce	£20.95

v gf vg options available - please make a member of staff aware as we can amend some ingredients to meet your dietary requirements.

Burgers

All burgers come with a pretzel bun, rustic fries and a salad garnish

Welsh Bacon & Cheese Burger	£15.95
sourced from our local butcher loaded with bacon and cheese and a bbq sauce	
Chicken Burger	£14.95
our homemade cajun panko chicken burger with cheese and lemon and pepper mayo	
Veg Burger v vg	£11.95
Curried lentil and spinach burger - topped with onion chutney and vegan chilli mayo	
add cheese	£1.00

Mains & Salads

10oz Sirloin Steak	£26.95
served with fries mushrooms, grilled tomato and onion rings	
Sauce: black pepper & brandy / Blue cheese / Red Wine	£3.50 each
Rosemary and Port slow cooked lamb shank	£22.50
served with bacon and rocket mash, seasonal veg and a port and redcurrant sauce	
10oz Horse-shoe Gammon gf	£16.95
served with a fresh grilled pineapple or free-range eggs, buttered garden peas with home-cut chips	
Home-baked Ham & 2 Free-range Eggs served with home-cut chips	£14.95
Curry of the Day (v vg gf available)	£15.95
served with rice or chips or ½ & ½	
Niçoise Salad v gf	£14.95
Flakes of tuna, free-range egg, green beans, olives tossed through mixed salad	
Classic Caesar Salad	£14.95
Chicken and bacon salad with herb croutons and a Caesar dressing	
Our Homemade Vegetarian Lasagne v	£14.50
served with chips or garlic bread and a salad garnish	
Butternut Squash, Cranberry & Red Onion Tagine v vg	£14.50
served with rice	

On the Side

Rustic Fries v gf	£3.95	Sweet Potato Fries v gf	£3.95
Garlic Bread (add cheese £1) v	£3.95	Rocket and Parmesan salad v gf	£3.50
Roasted Veg v gf vg	£4.50	Salad with Honey mustard dressing v	£3.50

Desserts

Selection of Home-Made Desserts	£6.95
Mario's Welsh Dairy Ice Cream	£4.95
(Dairy-free available)	

Hot Drink

Pot for one: Tea / Coffee	£2.50
(decaffeinated available)	
Hot Chocolate	£2.80

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