Discover Ceredigion

Cardigan Bay and the Cambrian Mountains

Croeso

Welcome back to our regular visitors and an equally warm welcome to new guests into our community. As visitors you are now part of this community too.

Please respect the local effort and sacrifice that ensured that Ceredigion had one of the lowest rates of coronavirus infection.

You can also play your part to ensure the infection rates stay as low as possible.

Help us to protect you and the health and wellbeing of your host community and its local services.

Stay healthy and safe

- Wash your hands regularly, and use sanitisers too.
- If you or anyone in your group shows symptoms of the coronavirus, you should follow current advice and return home as quickly as possible.
- Don't take unnecessary risks on the beach, coast path or in the countryside.

Be considerate and respectful

- Respect others around you maintain social distancing.
- Keep your dog on a lead, under control; scoop poop and bin it.
- Don't be one of the crowd. Discover what's local and enjoy what is on the doorstep.
- Respect what is of value to host communities including the Welsh language, local culture, animals and the environment - our coast and countryside is a place of work for farmers, fishermen and others.
- Help keep the environment healthy, beautiful and open for recreation, reflection and revitalisation.
- Use designated parking, don't block access for others, including emergency services.
- Don't use parking areas for overnight stays. Plan ahead and use registered campsites. Wild camping is illegal in England and Wales.
- Don't litter dispose of waste responsibly and considerately: use the appropriate bin if available, and if they're full, don't leave bagged waste nearby. Take it home. Don't leave it for someone else to find and clear up. Litter can be lethal.

Be patient and plan ahead

- Check and book ahead to avoid disappointment.
- We're all only just beginning to get used to the 'new normal'. New arrangements may be in place - respect individual business rules.
- Holidays and days out are a time to relax and enjoy, so take it easy!

Ceredigion seeks to be a responsible, sustainable and welcoming tourist destination. Let's all do the little things that make a positive difference.

Make your promise to Ceredigion and to Wales.

Addo means to promise, to pledge, to vow. Make your promise to look after yourself, care for others, protect our communities and this epic land **here**.

Keep Ceredigion Safe!









